

EXPERIENCE
THE KENYAN WAY...



RUNNERS PROFILE

Francis Maina NJOROGE

DATE OF BIRTH: 13.05.1985

Discipline: 5 Km, 10 Km, half marathon
road races, mountain races

Personal bests:

5.000 m – 14.59

10.000 m – 29.58

10 Km – 29.52

Half marathon – 65.10

Results

3rd place Paluzza-Malga Mountain Run (ITA) 2018

6th place Kitzbühl Mountain Run (AUT) 2018

4th place Thyone-Dixence (CH) 2018

2nd place Paluzza – Malga Mountain Run (ITA) 2016

3rd place Kitzbühler Horn Run (AUT) 2016

10th place Sierre – Zinal (CH) 2016

8th place Schlickeralm Mountain Run World Cup (AUT) 2016

3rd place Großglockner Mountain Run (AUT) 2016

1st place La Maratona di Cielo Half-marathon (ITA) 2016



Profile

Shoe-sponsor: [On running](#)

„Karis“ how we call him in the team, came to Europe first in 2014. He showed his big talent in mountain races. He also wants to demonstrate his strength on flat courses.

Represented by
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