

EXPERIENCE
THE KENYAN WAY...



RUNNERS PROFILE

Caroline Makandi GITONGA

DATE OF BIRTH: 12.05.1996

Discipline: 5 Km, 10 Km, half marathon
road races, mountain races

Personal bests:

1.500m - 4.45 (Kenya) 2015

3.000m - 9.44,91 (Andorf AUT) 2016

5 000m - 15.42 (Milano, ITA) 2019

10 Km - 32.02 (Turin, ITA) 2019

Half marathon – 1.15.44 (Wachau, AUT) 2017



Results

1st place Vienna Höhenstraßen Run (AUT) 2019

1st place Corri Pavia 10 Km (ITA) 2019

2nd place Giro Podistico Pordenone 5,4 Km (ITA) 2019

1st place Alster Run Hamburg 10 Km (GER) 2019

1st place Thermen Run Lutzmannsburg (AUT) 2019

1st place Meeting Conegliano 3000m (ITA) 2019

1st place Parndorf City Run (AUT) 2019 - **CR**

4th place Karlovac 10 Km (CRO) 2019

1st place Womens Run Austria 5 Km (AUT) 2019

1st place 10 Km del Manzoni (ITA) 2019

1st place Walk&Middle Distance 5000m (ITA) 2019 – **PB 15.42**

1st place Giro Medio Blenio (CH) 2019

1st place Torino Fast 10 Km (ITA) 2019 – **PB 32.02**

3rd place Alster Run Hamburg 10 Km (GER) 2018

2nd place Marcialonga (ITA) 2018

2nd place Jever Fun Run (GER) 2018

2nd place 10 Miglia del Garda (ITA) 2018

1st place Meeting Nembro 3.000m (ITA) 2018

1st place City Run Kaiserslautern (GER) 2018

Profile

Shoe-sponsor: [On running](#)

Caroline and her twin-sister Purity are members of our team since 2015. Due to her great performances in training in Kenya she entered the summer team in 2016. She demonstrated her talent in various competitions with excellent results. With her openhearted and joyful personality she is a big gain to the team and to our running weeks in Austria.

Represented by

Thomas Krejci

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