

EXPERIENCE
THE KENYAN WAY...



RUNNERS PROFILE

Benard KOECH

DATE OF BIRTH: 1989

Disciplines: 5 Km, 10 Km, half marathon
road races

Personal bests:

10 Km – 29.20 (Hamburg GER, 2018)

Half marathon – 1.07.37 (Bratislava SVK, 2018)

Results

6th place Alster Run Hamburg (GER) 2018 - **PB 29:20**

1st place Bratislava Half marathon (SLK) 2018

10th place Paderborn Easter Run (GER) 2018

8th place Kerzers Run (CH) 2018



Profile

Shoe-sponsor: [On running](#)

Benard is a member of our team since beginning of 2018 and had a few competitions in Europe in spring. After an intensive period of training in Kenya he has new goals for the autumn.

Represented by

Thomas Krejci

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